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# SANTHOME Messenger

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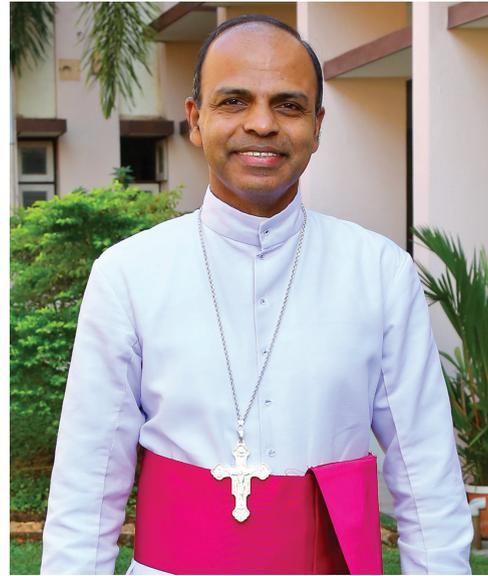
**FARIDABAD DIOCESAN BULLETIN**



**EXTRAORDINARY JUBILEE YEAR OF MERCY**

**DECEMBER 8, 2015 - NOVEMBER 20, 2016**

*Congratulations & Prayerful wishes*



**His Excellency Mar Jose Pulickal**  
Auxiliary Bishop of Diocese of Kanjirappally

*Congratulations & Welcome*



**Rev. Fr. Varghese Itithara** was ordained for the Diocese of Faridabad on 02.01.2016 by Archbishop Kuriakose Bharanikulangara at St. Mary's Church (Thazhathu Palli), Kaduthuruthy

*Festal Greetings to our Dear Fathers*



**Rev. Fr. Anoop Narimattathil**  
19th March



**Rev. Fr. Joseph Kannamthadam**  
19th March



**Rev. Fr. Joseph Muthuplakkal**  
19th March



**Rev. Fr. Joseph Arackal**  
19th March



**Rev. Fr. Prince Parathinal**  
19th March



**Rev. Fr. Phinil Cyriac**  
19th March

*Festal Greetings also to all our Rev. Sisters and Laity, having Patron's Day in March 2016*

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**Archbishop  
Mar Kuriakose Bharanikulangara**

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- ❑ **Year of Consecrated:** Conclusion of the Year of Consecrated of the diocese of Faridabad-Delhi was conducted in Mariam Nagar Ghaziabad, on 6th February. His Grace Mar Kuriakose Bharanikulangara inaugurated the meeting, which was followed by a class on the Jubilee year of Mercy by Rev. Fr. Augustine Pamplany CST and sharings of Rev. Fr. Cyriac Kochalumkal CST and Sr. Inigo. Bishop Prince Panengadan, new bishop of Adilabad was the main celebrant for the Holy Mass.
- ❑ **Priest's Monthly recollection:** 10th February at St Augustine's Forane Church, Karol Bagh. On that day we give reception to Bp. Antony Kariyil of Mandya diocese.
- ❑ **Blessing of the new Conference Hall:** "Hall of Divine Mercy" as well as the Kristuraja Religious Store set up in the diocesan Curia premises. The ceremony of blessing of the Hall and inauguration of the Religious Store will be on Wednesday 10th February 2016 at 3.00 PM.
- ❑ **Farewell Mass:** In order to bid farewell to our beloved V. Rev. Msgr. Sebastian Vadakkumpadan, Vicar General, V. Rev. Fr. Jetto Thottungal, Procurator and other outgoing priests and at the same time to welcome the new Vicar General V. Rev. Msgr. Jose Edassery a Holy Mass is arranged on Saturday, 13th February 2016 at 2.00 PM at Our Lady of Fatima Forane Church, Okhla-Jasola.
- ❑ **Blessing of the Pastoral Centre:** "Saint Alphonsa Bhavan", the new Pastoral Centre of the Diocese of Faridabad-Delhi in Okhla-Jesola will be blessed on Saturday, 13th February 2016 after the farewell mass.
- ❑ **Priest's Monthly Recollection:** Monthly recollection of March will be held on 9th March at the newly blessed conference hall – "Hall of Divine Mercy"- in the Bishop's House.
- ❑ **Chrism Mass:** Mass celebrated on 22nd March at Christ King Cathedral Church, Faridabad.

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### STAFF REQUIREMENT

**Applications are invited for the following posts**

- TGT: English and Maths
- PRT's, Music Teacher, Dance Teacher, Physical Instructor, Art/Craft and Nursery Teachers.

The applicants should qualify as per the government norms.

# PASTORAL LETTER

## ഇടയലേഖനം



### Archbishop Kuriakose Bharanikulangara Bishop of Faridabad

ദൈവകൃപയാൽ ഫരിദാബാദ് രൂപതയുടെ മെത്രാൻ കുര്യാക്കോസ് ഭരണികുളങ്ങര തന്റെ ശുശ്രൂഷക്കായി ഏൽപ്പിച്ചിരിക്കുന്ന ഇടവകകളിലെ ബഹുമാനപ്പെട്ട വികാരിമാർക്കും അസന്തേന്തിമാർക്കും മറ്റുവൈദികർക്കും സന്യാസിനീസന്യാസിമാർക്കും തനിക്ക് ഭരമേൽപ്പിച്ചിരിക്കുന്ന വിശ്വാസികളേവർക്കും നമ്മുടെ കർത്താവീശോമിശിഹായിൽ ആശിസ്സും സമാധാനവും.

#### വന്ദ്യ സഹോദരരേ, വത്സലമക്കളേ,

ദൈവമക്കൾക്ക് ദൈവാനുഗ്രഹം സമൃദ്ധമായി ലഭ്യമാകുന്ന 'കരുണയുടെ വർഷം' കാരൂണ്യത്തിന്റെ അസാധരണ ജൂബിലി വർഷം എന്നപേരിൽ വിശുദ്ധ വത്സരം പരിശുദ്ധ പിതാവ് ഫ്രാൻസിസ് മാർപാപ്പ പ്രഖ്യാപിച്ചിരിക്കുകയാണല്ലോ. രണ്ടാം വത്തിക്കാൻ സൂനഹദോസ് സമാപിച്ചതിന്റെ അൻപതാം വാർഷിക ദിനമായ 2015 ഡിസംബർ 8-നാണ് റോമിൽ സെന്റ് പീറ്റേഴ്സ് ബസ്സിലീക്കയുടെ പ്രധാന വാതിൽ 'കരുണയുടെ കവാടമായി' തുറന്നുകൊണ്ട് ഈ ജൂബിലി വർഷത്തിന് ആരംഭം കുറിച്ചത്. 2016 നവംബർ 20-ന് ക്രിസ്തുരാജതിരുനാൾ ദിനം കരുണയുടെ വിശുദ്ധ കവാടം അടച്ചുകൊണ്ട് ജൂബിലി സമാപിക്കും. ഈ ജൂബിലി വർഷം പ്രഖ്യാപിച്ചുകൊണ്ട് പ്രസിദ്ധീകരിക്കപ്പെട്ട 'കാരൂണ്യത്തിന്റെ മുഖം' (*Misericordiae Vultus*) എന്ന പ്രബോധനരേഖയിൽ ജൂബിലി വർഷത്തിലെ ഈ നോമ്പുകാലം നമ്മുടെ കർത്താവായ യേശുക്രിസ്തുവിന്റെ കരുണയെ അനുഭവിക്കുകയും, സാക്ഷ്യപ്പെടുത്തുകയും ചെയ്യേണ്ട പ്രത്യേക നിമിഷങ്ങളാണെന്ന് വളരെ തീക്ഷ്ണതയോടെ നമ്മെ ഉദ്ബോധിപ്പിക്കുന്നു.

മാർപാപ്പയുടെ ഈ വർഷത്തെ നോമ്പുകാല സന്ദേശത്തിന്റെ തലക്കെട്ട് "ഞാൻ ബലിയല്ല കരുണയാണ് ആഗ്രഹിക്കുന്നത്" (Mt. 9:13), ജൂബിലിയുടെ പാതയിൽ കരുണയുടെ പ്രവർത്തികൾ" എന്നാണ്. നോമ്പുകാലം പ്രാർത്ഥനയുടെയും ഉപവാസത്തിന്റെയും പരോപകാര പ്രവർത്തിയുടെയും അവസരമാണ്.

ഏഴയ്ക്കു പ്രവാചകൻ പറയുന്നതുപോലെ ഈ സൽപ്രവർത്തികളിലൂടെ 'വിശക്കുന്നവനുമായി ആഹാരം പങ്കുവയ്ക്കുകയും, ഭവനരഹിതനെ വീട്ടിൽ സ്വീകരിക്കുകയും വസ്ത്രമില്ലാത്തവനെ ഉടുപ്പിക്കുകയും സ്വന്തക്കാരിൽ നിന്ന് ഒഴിഞ്ഞുമാറാതിരിക്കുകയും' ചെയ്യുന്നതാണ് ഉത്തമമായ ഉപവാസം. അങ്ങനെ ഉപവസിക്കുകയും സൽപ്രവർത്തികൾ ചെയ്യുകയും ചെയ്താൽ നിന്റെ വെളിച്ചം പ്രഭാതം പോലെ പൊട്ടിവിരിയുകയും, നീ വേഗം സുഖം പ്രാപിക്കുകയും ചെയ്യും. നിന്റെ നീതി നിന്റെ മുൻപിലും കർത്താവിന്റെ മഹത്വം നിന്റെ പിൻപിലും നിന്നെ സംരക്ഷിക്കും. നീ പ്രാർത്ഥിച്ചാൽ കർത്താവ് ഉത്തരമരുളും. നീ നിലവിളിക്കുമ്പോൾ ഇതാ ഞാൻ എന്ന് അവിടുന്ന് മറുപടി നൽകും. ഉപവാസവും സൽപ്രവർത്തികളും ചെയ്യുന്നവരെ കർത്താവു നിരന്തരം നയിക്കും. അവന്റെ അസ്ഥികളെ ദൈവം ബലപ്പെടുത്തും. നനച്ചുവളർത്തിയ പുന്തോട്ടവും വറ്റാത്ത നീരുറവയും പോലെ അവരെ അനുഗ്രഹിക്കും. (IS.58:6-11)

മുൻപുസൂചിപ്പിച്ച പ്രമാണരേഖ ആരംഭിക്കുന്നത് ദൈവകരുണയുടെ ആവിഷ്കാരമാണ് യേശുക്രിസ്തു എന്ന് വിശേഷിപ്പിച്ചുകൊണ്ടാണ്. പിതാവായ ദൈവത്തിന്റെ കരുണാർദ്രമായ സ്നേഹത്തിന്റെ പ്രതിരൂപമാണ് പുത്രനായ യേശു. (MV No.9). കരുണയുടെ ഉപമകളിൽ (Lk-15:1-32) യേശു ദൈവ കരുണയെപ്പറ്റി പഠിപ്പിക്കുകയും കരുണ ദൈവപുത്രനാകാനുള്ള അടിസ്ഥാനവ്യവസ്ഥയാണെന്ന് സൂചിപ്പിക്കുകയും ചെയ്യുന്നു. ഈ നോമ്പുകാലം ദൈവം നമ്മോടു കാണിച്ച ദൈവകരുണയെ തിരിച്ചറിയാനും മറ്റുള്ളവരോട് കരുണകാണിക്കാനും നമുക്ക് സാധിക്കണം. ധൂർത്തപുത്രന്റെ ഉപ

മയിൽ പിതാവ് കരുണകാണിക്കുന്നത് പുത്രനോട് ക്ഷമിച്ചുകൊണ്ടാണ്. തെറ്റു ചെയ്ത് തന്നിൽ നിന്ന് അകന്നുപോയ മകനോടുള്ള കോപവും പ്രതികാരവും വറ്റാത്ത ക്ഷമയായി, കരുണയായി, സ്നേഹമായി മാറുന്നതാണ് ഈ ഉപമയിൽ നാം കാണുന്നത്.

ദൈവകരുണയുടെ സമ്മാനമായി പിതാവ് സ്വന്തം പുത്രനെ, യേശു ക്രിസ്തുവിനെ ലോകത്തിന് നൽകിയത് മനുഷ്യാവതാരത്തിലൂടെയാണ്. ഈ അർത്ഥത്തിൽ ഈശോയുടെ ജനനത്തെ 'കരുണയുടെ മനുഷ്യാവതാരം' എന്നാണ് പരിശുദ്ധ പിതാവ് വിശേഷിപ്പിക്കുന്നത് (MV.8). അങ്ങനെ യേശുവിന്റെ മനുഷ്യാവതാരം ഒരു സ്നേഹഗാഥയായി മാറുന്നു. പഴയനിയമം പരിശോധിച്ചാൽ ദൈവത്തെ വിട്ടുകലുന്ന മനുഷ്യനെ അന്വേഷിച്ച് തേടിയെത്തുകയും, മാനസാന്തരപ്പെട്ട് വിശ്വസിച്ചു തന്നിലേക്ക് തിരിച്ചുവരാനുള്ള അവസരം നൽകുന്നതുമാണ് ദൈവകരുണ എന്ന് നാം കാണുന്നു. അവിശ്വസ്ത സ്നേഹത്തിനും പ്രതിഷേധത്തിനും പകരം വിശ്വസ്തതയും വാത്സല്യവും നൽകി ക്ഷമയോടെ പ്രതികരിക്കുന്ന പിതാവിനെയാണ് നാം അവിടെ കാണുക. ഈ ക്ഷമയുടെയും കരുണയുടെയും വഴി സ്വീകരിക്കുവാനാണ് ഈ നോമ്പുകാലത്ത് നാം ശ്രമിക്കേണ്ടത്. നാളുകളായി ക്ഷമിക്കുവാനും പൊറുക്കുവാനുമാകാതെ, മറ്റുള്ളവരോട് കരുണ കാണിക്കാനാവതെ വ്യക്തിബന്ധങ്ങൾ മുറിവേറ്റിരിക്കുന്നതായി നമുക്കറിയാം. ഒരിക്കൽ മാത്രം പറ്റിയ തെറ്റുകുറ്റങ്ങളുടെയും തെറ്റിദ്ധാരണകളുടെയും പേരിൽ കുടുംബങ്ങൾ തകർച്ചയിലാകാറുണ്ട്. നമ്മോട് വ്യവസ്ഥകളില്ലാത്തതും അനന്തവുമായ കരുണ കാണിക്കുന്ന ക്ഷമാപൂർണ്ണനും സ്നേഹനിയമമായ പിതാവായ ദൈവത്തിന്റെ കരുണയെ ഓർത്ത് ഈ നോമ്പുകാലത്ത് നമുക്കവയെല്ലാം ക്ഷമിക്കാം. നോമ്പിലെ നാലാം ഞായറാഴ്ചയ്ക്കു മുമ്പുള്ള വെള്ളിയാഴ്ചയും ശനിയാഴ്ചയും (മാർച്ച് 25-26) 'കർത്താവിന് 24 മണിക്കൂർ' എന്ന പരിപാടി എല്ലാ രൂപതകളിലും സംഘടിപ്പിക്കണമെന്ന് പരിശുദ്ധ പിതാവ് ആഹ്വാനം ചെയ്തിട്ടുണ്ട്. യഥാർത്ഥത്തിലുള്ള അനുതാപവും മാനസാന്തരവും വഴി കുമ്പസാരമെന്ന കുദാശയിലൂടെ ദൈവകരുണ യാചിക്കാനും മറ്റുള്ളവരോട് ക്ഷമിക്കുവാനും ഈ അവസരം വിനിയോഗിക്കേണ്ടതാണ്. അതുവഴി ആന്തരിക സൗഖ്യവും കുടുംബസമാധാനവും കൈവരിക്കാനാവും.

“കരുണയുള്ളവർ ഭാഗ്യവാന്മാർ എന്തെന്നാൽ അവർക്ക് കരുണലഭിക്കും.”(Mt.5:7). എന്ന സുവിശേഷ വാക്യം ഈ വിശുദ്ധവത്സരത്തിൽ പ്രത്യേകിച്ച് നോമ്പുകാലത്ത് നമ്മുടെ മനസ്സിൽ മുഴങ്ങേണ്ടതാണ്. കരുണയാണ് സഭയുടെ അടിസ്ഥാനം. ഈ കരുണയുടെ പ്രഘോഷകരാകാൻ ഓരോ വിശ്വാസിയും വിളിക്കപ്പെട്ടിരിക്കുന്നു. പിതാവായ ദൈവം കരുണയുള്ളവനായിരിക്കുന്നതുപോലെ നിങ്ങളും കരുണയുള്ളവരായിരിക്കുവിൻ (Lk.6:36) എന്നതാണ് ഈ വിശുദ്ധ വത്സരത്തിന്റെ ആപ്തവാക്യം.

ഈ കരുണയുടെ വർഷത്തിൽ സമൂഹത്തിൽ കഷ്ടതയനുഭവിക്കുന്നവരുടെയും ദുർബല വിഭാഗങ്ങളുടെയും നേർക്ക് കരുണയുടെ കരങ്ങൾ നീട്ടുവാൻ (N.15). നമുക്കാകണം. നമുക്കു ചുറ്റും മനസ്സിനും ശരീരത്തിനും മുറിവേറ്റ് വേദനാജനകവും അനിശ്ചിതവുമായ സാഹചര്യങ്ങളിൽ കഷ്ടപ്പെടുന്നവരുണ്ട്. ഇല്ലായ്മയുടെയും വല്ലായ്മയുടെയും നടുവിൽ ശബ്ദമുയർത്തുവാനാകാതെ തേങ്ങുന്ന ഇവരുടെ ഗർഭങ്ങൾ സമ്പന്നരുടെ നിസംഗതയിൽ അവഗണിക്കപ്പെടുന്നതായി പരിശുദ്ധ പിതാവ് ഫ്രാൻസിസ് മാർപാപ്പ ആകുലപ്പെടുന്നു. ഈ തലസ്ഥാന നഗരിയിലെ വഴിയോരങ്ങളിലും മേൽപ്പാലങ്ങൾക്കടിയിലും നാം കണ്ടുമുട്ടുന്ന നേർക്കാഴ്ചകൾ നമ്മുടെ മനസ്സിലും ആകുലതകൾ ഉണർത്താറുണ്ടല്ലോ. നിസ്സംഗരല്ലെങ്കിലും ഒരു തരത്തിലുള്ള നിസ്സഹായത ഈ മഹാനഗരത്തിലെ നിവാസികളുടെ മനസ്സാക്ഷിയെ മരവിപ്പിച്ചു കൊണ്ടിരിക്കുകയാണ്.

ഈ ജൂബിലി വർഷത്തിൽ ഈ ഹതഭാഗ്യരുടെ മുറിവുകളിൽ കരുണയുടെയും സാന്ത്വനത്തിന്റെയും തൈലം പുരട്ടി സ്നേഹത്തോടെ ശുശ്രൂഷിക്കുവാനും സൗഖ്യപ്പെടുത്തുവാനും നമുക്ക് സാധിക്കണം. മനുഷ്യത്വം നിഷേധിക്കപ്പെടുന്ന നമ്മുടെ സഹോദരീസഹോദരന്മാരുടെ മുറിവുകൾക്ക് നേരെ കണ്ണുതുറന്ന് അവരുടെ സഹായത്തിനുള്ള ദയനീയമായ നിലവിളികേട്ട് അവർക്ക് നേരെ കരുണയുടെ കരങ്ങൾ നമുക്ക് നീട്ടാം. അവരുടെ ആവശ്യങ്ങൾ തിരിച്ചറിഞ്ഞ് വിശക്കുന്നവന് ഭക്ഷിക്കുവാനും

ദാഹിക്കുന്നവന് കൂടിക്കുവാനും വസ്ത്രമില്ലാത്തവന് ഉടുക്കുവാനും കൊടുക്കാൻ ശ്രമിക്കാം. പരദേശികളെ സ്വീകരിക്കുവാനും, രോഗികളെ സുഖപ്പെടുത്തുവാനും, തടവുകാരെ സന്ദർശിക്കുവാനും നമുക്ക് ശ്രമിക്കാം (Mt. 25:31-45). നാം പഠിച്ച വേദോപദേശത്തിൽ കാരൂണ്യ പ്രവർത്തികൾ 14-ൽ ശാരീരികങ്ങളായ ഏഴു കാരൂണ്യ പ്രവർത്തികളാണ് ഇവിടെ സൂചിപ്പിക്കുന്നത്. ആത്മീയങ്ങളായ കാരൂണ്യപ്രവർത്തികളും - അറിവില്ലാത്തവരെ പഠിപ്പിക്കുന്നത്, സംശയമുള്ളവരുടെ സംശയം തീർക്കുന്നത്, ദുഃഖിതരെ ആശ്വസിപ്പിക്കുന്നത്, തെറ്റുചെയ്തവരുടെ തെറ്റു തിരുത്തുന്നത്, ഉപദ്രവങ്ങൾ ക്ഷമിക്കുന്നത്, കുറവുകൾ സഹിക്കുന്നത് - അഭ്യസിക്കാനുള്ള അവസരം കൂടിയാണ് നോമ്പുകാലം. തെരുവിലെ മുറിവേറ്റ മനുഷ്യശരീരങ്ങളെ ക്രൂശിതനായ ക്രിസ്തുവിന്റെ മുറിവുകളോടാണ് പരിശുദ്ധ പിതാവ് ഉപമിക്കുന്നത്. ഈ 'ചെറിയവരിൽ' യേശു തന്നെ സന്നിഹിതനാണ്. 'പീഡിപ്പിക്കപ്പെടുകയും മർദ്ദിക്കപ്പെടുകയും ചൂഷണം ചെയ്യപ്പെടുകയും ചെയ്യുന്ന മനുഷ്യത്വത്തെ രക്ഷിക്കാനുള്ള കടമ ക്രൈസ്തവർക്കുണ്ട് (No.15)'. മറ്റുള്ളവരോട് എന്നപോലെ കുടുംബാംഗങ്ങളോടും, സ്വന്തക്കാരോടും, സുഹൃത്തുക്കളോടും കരുണ കാണിക്കാനും ഈ അവസരത്തിൽ നമുക്ക് സാധിക്കണം.

വിശുദ്ധവത്സരം തീർത്ഥാടനത്തിന്റെ അവസരമാണ്. നമ്മുടെ കത്തീഡ്രലിലും തിരഞ്ഞെടുക്കപ്പെട്ട മറ്റുദേവാലയങ്ങളിലും 'കരുണയുടെ വാതിൽ' തുറന്ന് ജൂബിലി വർഷത്തിൽ തീർത്ഥാടനം നടത്തി പൂർണ്ണ ദണ്ഡവിമോചനം പ്രാപിക്കാൻ സൗകര്യമൊരുക്കിയിട്ടുണ്ട്. ജൂബിലി വർഷത്തിൽ മിഷനറിമാരെ ക്ഷണിച്ച് അവരെ ആദരിക്കണമെന്ന് പരിശുദ്ധ പിതാവ് ആഹ്വാനം ചെയ്തിട്ടുണ്ട്. ഈ പ്രേഷിതാഭിമുഖ്യം നമ്മുടെ സാഹചര്യത്തിൽ അനുരൂപപ്പെടുത്തിക്കൊണ്ട് ആറു സംസ്ഥാനങ്ങളിലായി വ്യാപിച്ചുകിടക്കുന്ന നമ്മുടെ മിഷനുകളിലേക്ക് സന്ദർശനം നടത്തുവാൻ ഈ അവസരത്തിൽ ഞാൻ നിങ്ങളോട് ആഹ്വാനം ചെയ്യുകയാണ്. രൂപതയുടെ ഉൾപ്രദേശങ്ങളിൽ വളരെയേറെ വെല്ലുവിളികൾ അഭിമുഖീകരിച്ചുകൊണ്ട് വെള്ളവും വെളിച്ചവും പോലുമില്ലാത്ത സാഹചര്യങ്ങളിൽ കഴിയുന്ന നമ്മുടെ മിഷനറിമാർക്കും അവിടുത്തെ വശാസ സമൂഹത്തിനും ഇത്തരത്തിലുള്ള സന്ദർശനങ്ങൾ പ്രോത്സാഹനജനകമാണ്. കേരളത്തിലെ മെത്രാന്മാരും വൈദികരും കേരളത്തിനു പുറത്തുള്ള മിഷനുകൾ സന്ദർശിക്കണമെന്ന് സീറോ മലബാർ സിനഡ് ഈ അടുത്ത കാലത്ത് തീരുമാനിച്ചത് ഈയവസരത്തിൽ അനുസ്മരിക്കുന്നു.

ഈ നോമ്പുകാലത്ത് പ്രത്യേക ഭക്താഭ്യാസങ്ങളും ആധ്യാത്മിക അനുഷ്ഠാനങ്ങളും സംഘടിപ്പിക്കുവാൻ ബഹുമാനപ്പെട്ട വികാരിയച്ചന്മാർ പ്രത്യേകം ശ്രദ്ധിക്കുമല്ലോ. നോമ്പുകാല ധ്യാനം, കുരിശിന്റെ വഴി, ആരാധന തുടങ്ങിയവ എല്ലാ ഇടവകകളിലും നടത്തേണ്ടതാണ്. നോമ്പുകാല ഉപവാസം, മാംസവർജ്ജനം, മനോഗുണപ്രവർത്തികൾ എന്നിവ സീറോ മലബാർ മക്കളുടെ പാരമ്പര്യങ്ങളിൽപ്പെടുന്നു. നോമ്പുകാലത്ത് കഴിയുന്നതും എല്ലാ ദിവസവും കുടുംബത്തിലെ ഒരാളെങ്കിലും വിശുദ്ധ കുർബാനയിൽ സംബന്ധിച്ച് ദൈവാനുഗ്രഹം നേടുവാൻ ശ്രമിക്കേണ്ടതാണ്. ആണ്ടിലൊരിക്കലെങ്കിലും കുമ്പസാരിക്കുകയും പെസഹാകാലത്ത് പരി. കുർബാന ഉൾക്കൊള്ളുകയും വേണമെന്ന് സഭയുടെ അമ്മുകല്പനകൾ നിഷ്കർഷിക്കുന്നു. ഈ നോമ്പുകാലം നിങ്ങൾക്കേവർക്കും ഒരു നല്ല കുമ്പസാരത്തിന്റെ അവസരമാകട്ടെ.

ഈ കരുണയുടെ വർഷത്തിൽ നിങ്ങൾക്കേവർക്കും അനുഗ്രഹപ്രദമായ ഒരു നോമ്പുകാലം ആശംസിച്ചുകൊണ്ടും കരുണയുടെ അമ്മയായ പരിശുദ്ധ കന്യകാമറിയത്തിന്റെ മാധ്യസ്ഥം നേർന്നുകൊണ്ടും.

സ്നേഹപൂർവ്വം,  
നിങ്ങളുടെ പിതാവ്  
**ആർച്ച്ബിഷപ്പ് കൂര്യാക്കോസ് ഭരണികുളങ്ങര**  
ഫരീദാബാദ്-ഡൽഹി രൂപത മെത്രാൻ

(കരോൾബാഗിലുള്ള രൂപതാകാര്യാലയത്തിൽ നിന്ന് 2016-ാം ആണ്ട് ഫെബ്രുവരി 8-ാം തീയതി തിങ്കളാഴ്ച നൽകപ്പെട്ടത്.  
NB: ഈ ഇടയലേഖനം 2016 ഫെബ്രുവരി മാസം 21-ാം തീയതി ഞായറാഴ്ച കുർബാന മദ്ധ്യേ എല്ലാ പള്ളികളിലും ഞായറാഴ്ച കുർബാനയുള്ള സ്ഥാപനങ്ങളിലും പൊതുജനങ്ങൾക്കായി വായിക്കേണ്ടതാണ്.)



# Missionary Expeditions of the Archbishop

## LEH-LADAK

### A trip via Hoshiarpur-Kulu Manali- Keylon-Leh

#### Exploring new pastoral possibilities in the borders

When one hears of a trip to Kashmir, the immediate picture that comes to mind is of a touristic and leisure trip. One can imagine the beautiful flower gardens and scenic lakes. The picturesque panorama of Kashmir valley and attractive tour programmes are world famous. Though the entire state of Jammu and Kashmir comes under the territory of our diocese, my trip this time to the North Eastern side of Jammu and Kashmir, the region bordering to China. The Western part, boundary to Pakistan -- the Poonch region -- I had visited earlier. The pages of this Bulletin had reported about that.

The visit to Leh-Ladak, was not a tourism trip, but a missionary expedition. From Delhi to Leh-Ladak, on the border of China was a trip by road that lasted four days. This trip in a four-wheel drive jeep on the Himalayan mountains was really adventurous and exhausting but successful from a missionary point of view.

I had to be in Kerala for a short visit and as soon as I landed in Delhi IGA airport around 10.30 am, (3 September) I got a phone call from the CMC Provincial Superior announcing the tragic death of two of her Sisters in a terrific road accident. Two others, a father and his son on the way to school on a two-wheeler, were also killed in the accident. A big truck hit the vehicle of the sisters and later smashed the two-wheeler to the side. The sister's driver and others were seriously wounded and hospitalised. The sisters were travelling in their vehicle from --- to Delhi. That happened in the territory of our diocese and the funeral was to take place in Hoshiarpur, also in our diocese. The CMC sisters, generous supporters of our diocese, serve in many institutions in the diocese. I decided to visit them to express our condolences and say a Mass and office for the sisters. On 5th we had scheduled the trip to Leh-Ladak via Kulu Manali and therefore, the only option was to set forth immediately.

From Delhi to Hoshiarpur is 391 km, by road. The navigation system in our jeep (GPS) as well as Google Map showed a driving time of 6.5 hours through AH2 and NH1 Highways. Calculating theoretically and trusting the electronic gadgets, we set forth from our home in Old Rajender Nagar (Delhi) after a quick lunch. Before that I had said the Holy Mass in private at our Bishop's house chapel. Those on board were Fr. Mathew Moothaseril MST, Pro-vicar General, Fr. John Mylanvelil, Chancellor, Fr. Johnney SDB and myself. Mr. Tino Sebastian was the driver. As I am used to do during the trips in Africa, our vehicle had enough provisions for the way.

Delhi showed the usual traffic, movement was moderate; nothing remarkably special. We could get out of the city in one hour heading towards the Haryana borders. But as soon as we passed Sonipat and Panipat, before crossing Kurushektra, signs of heavy rains appeared. Rains started mildly,

but blowing wind and thickening darkness made us drive very slowly. Within minutes torrential rains outburst and visibility was turned down to null. The traffic on the road got paralyzed and our vehicle was dragging slowly. A few times we had to stop on the way. We enjoyed the hot black tea we had taken, sitting inside the vehicle.

The climate was so bad that we could cover usual four hours distance in two hours. It was almost sure that we would not be able to reach Hoshiarpur as planned. We had informed the Sisters of our arrival and they had arranged out stay with OCD Fathers of Hoshiarpur. Finally we decided to stay somewhere in between. The parish of Sahnewal was an option. I knew the parish priest Fr. Johny Theckevallyara of Jalandhar diocese, also originally from the Archdiocese of Ernakulam, Kerala. It was on the main highway and he was very kind to receive us. We reached his place exactly at midnight and he welcomed us warmly and treated us well.

We had to get up early so that we reach the convent in Hoshiarpur on time for the 6.30 am Holy Mass. We started at 4.00 am and by that time the rains had stopped and roads were clear. From there our destination was around 100 km away and we had to calculate a two hours journey. We reached there on time and had the Holy Mass on time and visited the nearby cemetery where these sisters were to be buried. They were preparing the tombs for the deceased. This is one of the first foundations of CMC Dehradun province. Adjacent to the convent there is a big school and a rather established hospital. The sisters' presence was a great help for the education and healthcare of the villagers.

### **Second day: From Hoshiarpur to Kulu Manali (4th September)**

Immediately after the Mass and breakfast we set forth to Kulu. Our GPS showed that this long

trip of about 288 km would take 7 hours non-stop. Kulu is in the State of Himachal Pradesh. It is located on the banks of the Beas River in the Kullu Valley.

On the way, we stopped at the house of OCD fathers, where we were expected to spend the previous night. The Fathers have a school there and they serve the local parish. The Holy Family Sisters help them in their apostolate. We visited also the community of sisters.

The road to Kullu was not in very good condition and heavy traffic of tourists and poor maintenance have turned it worse. For many Indians, especially from the South to see snow is a dream and snowy mountains is a great tourist attraction. We came across also some buses of school children who were making their annual trip. We reached Kullu by evening and we had little time to walk around in the city, where the presence of tourist seemed to be strong. There were many shops with local handicrafts and art items; woollen clothes and winter apparels were plenty.

In Kulu, our accommodation was arranged in the Salesian House and Fr. Davis received us cordially. They work in a parish of the diocese of Shimla Chandigarh and run a school. The Don Bosco School functions in a house is situated in the city center, a building previously used as a hotel converted into a school. Almost all priests there were of SM origin, but the parish was a Latin parish. Those SM faithful in town used to attend the Holy Mass and other liturgical celebrations in the Latin parish. We were told that for Christmas and Easter, separate functions were held for the SM community and many from the military camps used to attend that.

The trip to the Rohthang Pass and through the mountains of Manali, next day was exciting. We had to hire winter clothes for the mountaineering including special shoes. Even woollen socks and

*Continue on page no. 30*

# NATIONAL EUCHARISTIC CONGRESS

Mumbai , 12 – 15 Dec, 2015



## A Report

To commemorate the great event of 38th International Eucharistic Congress held at Mumbai from Nov 28 – Dec 6, 1964 , its Golden Jubilee was celebrated from 12th to 15th November 2015 under the auspices of CBCI and hosted by the Archdioceses of Mumbai. It was held at St. Pius Seminary ground at Goregaon and represented by 134 dioceses, 77 Bishops, 5 Cardinals, many priests and laity. 250 volunteers served there with dedication. There were liturgies in Latin, Syro Malabar and Syro Malankara rites. Cardinal Malcolm Ranjith from Sri Lanka was the Legate of the Pope. Around 2000 people attended the marvelous devotional programme. There were candle procession reciting rosary, adorations, catechesis and testimonies . Rev. Fr. Paul Madasserry (Pro-Vicar General), Sr. Dr. William CMC, Mr. Thomas K. J and Mr. Joseph Anthony (DSYM) represented the diocese of Faridabad.

At the beginning of the Golden Jubilee Year of the 38th International Eucharistic Congress, an Arch diocesan Eucharistic Congress with the theme “I’m Catholic, I ‘m alive’ was celebrated. For the concluding Jubilee celebrations, the theme was “ The Eucharist : Nourished by Christ to nourish others” based on the gospel Jn 6 : 48 – 51. Family life provides ample opportunities for the father, mother and children to nourish each other: through being together, listening, self-giving, forgiving and being forgiven.

The Congress began with the Inaugural Eucharistic Mass celebrated by His Eminence Oswald Cardinal Gracias with other Cardinals, Bishops and priests at 9:00 am on 12th November 2015. Before that the solemn procession started from the entrance of St. Pius seminary with delegates wearing regional costumes and carrying diocesan flags.

His Eminences Oswald Cardinal Gracias, Basileos Cardinal Cleemis, Malcolm Cardinal Ranjith (Papal Legate), Cardinal George Alencherry, His Eminence Telesphore P. Cardinal Toppo, Archbishop Salvatore Pennacchio (Apostolic Nuncio to India), His Grace Gee Varghese Mar Coorilos Metropolitan (Mumbai) Orthodox church were present ,

Every morning at 9:00 am we had catechesis related to the theme and in the evening sessions testimonies by appointed people like :

Mar Raphael Thattil, Archbishop Dominic Jala (Archbishop of Shillong) , Fr. Francis Gonsalves S. J , Fr. Thomas Vijay SCC, Mar Abraham Julious, Bishop of Muvattupuzha, Mr. A. Pushparajan, Justice Syriac Joseph, Mr. Adolf Goldwyn etc. The testimonies were given by Sr. Mary Prema (Mother Theresa’s), Fr. Fedric D’souza, Dr. Luis Jose D’souza. Sr. Martha Mandal, Fr. Laxmikant Pradhan, Mrs. Kamal Rekha Nayak, Justice Kurian Joseph etc.

On the final day, Papal Legate. His Eminence Malcolm Cardinal Ranjith presided over the liturgy and the valedictory address was given by His Eminence Oswald Cardinal Gracias. The Anthem of the N.E.C was sung by the entire group added melody to the ceremony. An exhibition “Panis Angelicus” was also organized in which the chalice, vestments used by Pope Paul VI 50 years ago at the Eucharistic Congress were also exhibited. ■

**Sr. Dr. Elizabeth William CMC**



# Annual Bishop's Appeal (ABA - 2016)

**Archbishop Kuriakose Bharanikulangara**  
Bishop of Faridabad

**മിശിഹായിൽ പ്രിയ സഹോദരീ സഹോദരന്മാരേ,**

ദൈവമക്കൾക്ക് ദൈവാനുഗ്രഹം സമൃദ്ധമായി ലഭ്യമാക്കുന്ന ‘കരുണയുടെ വർഷം’ - കാരൂണ്യത്തിന്റെ അസാധാരണ ജൂബിലി വർഷം പരിശുദ്ധ പിതാവ് ഫ്രാൻസിസ് മാർപാപ്പ പ്രഖ്യാപിച്ചിരിക്കുകയാണല്ലോ. രണ്ടാം വത്തിക്കാൻ സുന്നഹദോസ് സമാപിച്ചതിന്റെ അൻപതാം വാർഷികദിനമായ 2015 ഡിസംബർ 8-നാണ് റോമിൽ സെന്റ് പീറ്റേഴ്സ് ബസ്സിലിക്കയുടെ പ്രധാന വാതിൽ ‘കരുണയുടെ കവാടമായി’ തുറന്നുകൊണ്ട് ഈ ജൂബിലി വർഷത്തിന് ആരംഭം കുറിച്ചത്. 2016 നവംബർ 20-ന്, ക്രിസ്തുരാജതിരുനാൾ ദിനം കരുണയുടെ വിശുദ്ധ കവാടം അടച്ചുകൊണ്ട് ജൂബിലി സമാപിക്കും. ഈ ജൂബിലി വർഷം പ്രഖ്യാപിച്ചുകൊണ്ട് പ്രസിദ്ധീകരിക്കപ്പെട്ട ‘കാരൂണ്യത്തിന്റെ മുഖം’ (*Misericordiae Vultus*) എന്ന പ്രബോധനരേഖയിൽ, ജൂബിലി വർഷത്തിലെ ഈ നോമ്പുകാലം നമ്മുടെ കർത്താവായ യേശുക്രിസ്തുവിന്റെ കരുണയെ അനുഭവിക്കുകയും, സാക്ഷ്യപ്പെടുത്തുകയും ചെയ്യേണ്ട പ്രത്യേക നിമിഷങ്ങളാണെന്ന് വളരെ തീക്ഷ്ണതയോടെ നമ്മെ ഉദ്ബോധിപ്പിക്കുന്നു. നോമ്പുകാലം പ്രാർത്ഥനയ്ക്കും, ഉപവാസത്തിനും, ദാനധർമ്മങ്ങൾക്കും വേണ്ടിയുള്ള അവസരമാണ്.

‘കാരൂണ്യത്തിന്റെ മുഖം’ എന്ന പ്രബോധനരേഖ ആരംഭിക്കുന്നത്, പിതാവായ ദൈവത്തിന്റെ കരുണയുടെ മുഖമാണ് യേശുക്രിസ്തു എന്ന ആശയത്തോടെയാണ്. കരുണാർദ്രമായ സ്നേഹത്തിന്റെ തുടർച്ചയാണ് യേശുക്രിസ്തു. ‘കാരൂണ്യത്തിന്റെ മുഖം’ (No.9) കരുണയുടെ ഉപമകൾ എന്നറിയപ്പെടുന്ന നഷ്ടപ്പെട്ട ആടിന്റെയും, നഷ്ടപ്പെട്ട നാണയത്തിന്റെയും, ധൂർത്ത പുത്രന്റെയും (Lk: 151-32) ഉപമകളിലൂടെ യഥാർത്ഥ ദൈവമക്കളെ പരിശോധിച്ചറിയാനുള്ള അളവുകോലാണ് ‘കരുണ’ എന്ന് യേശു ചൂണ്ടി കാണിക്കുന്നു. ചുരുക്കത്തിൽ, ദൈവം നമ്മോട് ആദ്യം ‘കരുണ’ കാണിച്ചതുകൊണ്ട്, മറ്റുള്ളവരോട് ‘കരുണ’ കാണിക്കാൻ നാം വിളിക്കപ്പെട്ടിരിക്കുന്നു.

‘കരുണയുള്ളവർ ഭാഗ്യവാന്മാർ, എന്തുകൊണ്ടെന്നാൽ അവർക്കു കരുണ ലഭിക്കും’ (Mt.5/7) എന്ന സുവിശേഷവാക്യംപോലെ, ഈ വിശുദ്ധ വർഷത്തിൽ കരുണയെന്ന പുണ്യം പ്രാവർത്തികമാക്കാൻ നാം വിശിഷ്ട അഭിലാഷിക്കേണ്ടതാണ് (No.10). സഭാജീവിതത്തിന്റെ അടിസ്ഥാനം തന്നെ കരുണയാണ്. ദൈവത്തിന്റെ കരുണയെ പ്രഘോഷിക്കുവാൻ ചുമതലപ്പെടുത്തിയിരിക്കുന്നത് സഭയെയാണ് (No.12) ഈ ജൂബിലി വർഷത്തിൽ ‘പിതാവിനെപ്പോലെ കരുണയുള്ളവരാകുവാൻ’ നാമോരോരുത്തരും വിളിക്കപ്പെട്ടിരിക്കുന്നു. ഇതുതന്നെയാണ്, ഈ വിശുദ്ധ വർഷത്തിന്റെ മുദ്രാവാക്യമായി തിരഞ്ഞെടുക്കപ്പെട്ടിരിക്കുന്നതും.

കാരൂണ്യവർഷത്തിന്റെ ഈ പശ്ചാത്തലത്തലാണ്, ABA 2016-മായി (Annual Bishop's Appeal) ഞാൻ നിങ്ങളെ സമീപിക്കുന്നത്. നിങ്ങളിൽ നിന്നുള്ള കഴിഞ്ഞ വർഷത്തെ ഉദാരമായ പ്രതികരണങ്ങൾ, സമൂഹത്തിന്റെ എല്ലാ തട്ടുകളിൽ നിന്ന് രൂപതയോടുള്ള ഉടമസ്ഥാ മനോഭാവവും, ആത്മബന്ധവും വീണ്ടും സ്ഥിരീകരിക്കപ്പെടുന്നു എന്നതിനു തെളിവുകളാണ്.

നമ്മുടെ രൂപതയുടെ ബഹുമുഖങ്ങളായ സുവിശേഷ-സഭാപാലന പ്രവർത്തനമേഖലകൾ വ്യാപി ക്കപ്പെടുന്നതിനാൽ, Delhi-NCR-ന്റെ തന്നെ അതിർത്തികൾക്ക് അതീതമായി അനുസൂത്യം നമ്മൾ വളർന്നുകൊണ്ടിരിക്കുകയാണ്. അതനുസരിച്ച് കൂടുതൽ സഹപ്രവർത്തകരും, സൗകര്യങ്ങളും ഉള്ള ഒന്നായി രൂപതാകാര്യലയം മാറിക്കൊണ്ടിരിക്കുന്നു. ഈ അടുത്തകാലത്ത്, സമൂഹിക സേവനങ്ങൾക്കായി ഒരു വകുപ്പ് നിലവിൽ വരുത്തുവാനും, ഓഫീസുകൾ കമ്പ്യൂട്ടർ വത്കരിച്ചുകൊണ്ട് കൂടുതൽ മെച്ചപ്പെടുത്തുവാനും നമുക്ക് സാധിച്ചു. ഒരു പുതിയ കോൺഫറൻസ് ഹാളിന്റെ നിർമ്മാണ ജോലികൾ പുരോഗമിച്ചുകൊ

ണ്ടിരിക്കുകയാണ്. ഞാൻ മുൻപ് സൂചിപ്പിച്ചതുപോലെ, Annual Bishop's Appeal-ന്റെ ഭൂരിഭാഗവും, രൂപതാ കാര്യാലയത്തിന്റെ നടത്തിപ്പിനായാണ് പ്രയോജനപ്പെടുത്തുന്നത്.

ഈ വർഷവും ABA-2016-ന്റെ തുക ഭാഗികമായി സാൻജോപൂരം ചിൽഡ്രൻസ് വില്ലേജിലെ ജീവകാരുണ്യപ്രവർത്തനങ്ങൾക്കായി മാറ്റി വെയ്ക്കുന്നതായിരിക്കും. നിങ്ങളെപ്പോലെ മഹാമന സ്കതയുള്ള ഉപകാരികളുടെ സഹായത്താൽ, ഈയിടെ ഒരു ക്യാമ്പസിനുള്ളിലെ റോഡുകൾ ടാർ ചെയ്യുവാൻ സാധിച്ചു എന്നത് ഞാൻ വളരെ സന്തോഷത്തോടെ നിങ്ങളെ അറിയിക്കുന്നു. ഇതുവഴി, വീൽചെയറുകളിലും, ക്രച്ചുകളിലും മറ്റുമായി ജീവിതം കഴിക്കുന്ന ബധിരരും, മുകരും, അന്ധരും, ശാരീരിക-മാനസിക വൈകല്യങ്ങൾ ഉള്ളവരുമായ കുഞ്ഞുങ്ങൾക്ക് എളുപ്പത്തിൽ ചലിക്കുവാൻ സാധിക്കുന്നു. ഈ വിശുദ്ധ വർഷത്തിൽ, സമൂഹത്തിലെ ഏറ്റവും താഴെ തട്ടിൽ ജീവിക്കുന്നവർക്കായി ഹൃദയം തുറക്കുന്ന ഒരു അനുഭവത്തിനായി നാം ആഗ്രഹിക്കണമെന്ന് പരിശുദ്ധ പിതാവ് നമ്മെ ഉദ്ബോധിപ്പിക്കുന്നു (No.15). സാൻജോപൂരത്തിലെ അന്തേവാസികൾക്ക് കൂടുതൽ മെച്ചപ്പെട്ട ജീവിതം സാധ്യമാക്കാനുള്ള ഞങ്ങളുടെ ഉദ്യമങ്ങളോട് ദയവായി സഹകരിക്കണമെന്ന് അപേക്ഷിക്കുന്നു.

നിങ്ങൾ ABA 2015-ലൂടെ നൽകിയ സംഭാവനയുടെ ഭൂരിഭാഗവും ദൈവവിളി പ്രോത്സാഹനത്തിനാണ് പ്രയോജനപ്പെടുത്തിക്കൊണ്ടിരിക്കുന്നത് എന്ന് വളരെ സന്തോഷത്തോടെ അറിയിക്കാൻ ആഗ്രഹിക്കുന്നു. ഈ വർഷംവരെ, സ്വന്തമായി സെമിനാരി ഇല്ലാത്തതിനാൽ, നമ്മുടെ മൈനർ സെമിനാരിക്കാർ മറ്റു രൂപതകളിലെ സെമിനാരികളിൽ പഠിച്ചുവരികയായിരുന്നു. എന്നാൽ ഈ വർഷം മുതൽ, നമ്മുടെ രൂപതയിൽ തന്നെ അവരുടെ താമസവും, പഠനങ്ങളും ക്രമീകരിക്കുവാൻ ആഗ്രഹിക്കുകയാണ്. സാൻജോപൂരത്തിലെ HRDC ബിൽഡിംഗ് രൂപഭേദം വരുത്തി ആദ്യ ബാച്ചുകാർക്കായി ഈ വർഷം സജ്ജമാക്കപ്പെടും. ABA 2016-ലേക്ക് നിങ്ങൾ സംഭാവന ചെയ്യുമ്പോൾ, ഈ വൈദിക വിദ്യാർത്ഥികളെയും, അവരുടെ മൈനർ സെമിനാരിയെയും മനസ്സിൽ കാണണമെന്ന് ഞാൻ ഓർമ്മപ്പെടുത്തുന്നു. കർത്താവിന്റെ മുന്തിരിത്തോപ്പിൽ ജോലി ചെയ്യാൻ അനേകം യുവാക്കന്മാർ കടന്നുവരാൻ നിങ്ങളും പ്രാർത്ഥിക്കുമല്ലോ.

ഡൽഹിക്ക് പുറത്തുള്ള നമ്മുടെ പുതിയ മിഷൻ പ്രവർത്തനങ്ങളെല്ലാം തന്നെ പടിപടിയായി പുരോഗമിച്ചുകൊണ്ടിരിക്കുകയാണ്. പഞ്ചാബിലും, ഹരിയാനയിലും നമ്മൾ പുതിയ മിഷൻ സെന്ററുകൾ തുടങ്ങിയിട്ടുണ്ട്. ജമ്മു-കാശ്മീരിലെ ലേ-ലെഡാക്കിൽ ഒരു മിഷൻ ആരംഭിക്കുവാൻ ശ്രമങ്ങൾ നടക്കുന്നു.

നമ്മുടെ മിഷൻ രൂപതയുടെ വികസനത്തിനായി ഉദാരമായ സംഭാവനയ്ക്കുവേണ്ടി രൂപതയുടെ പേരിൽ ഞാൻ നിങ്ങളോട് അഭ്യർത്ഥിക്കുകയാണ്. കഴിഞ്ഞ വർഷങ്ങളിലേതുപോലെ, ബഹു: ഇടവക വികാരിമാരും, സമർപ്പിതരും, കൈക്കാരന്മാരും, ഇടവക പ്രതിനിധിയോഗം അംഗങ്ങളും, കുടുംബയൂണിറ്റ് ഭാരവാഹികളും ദയവായി ABA-2016- ന്റെ നേതൃത്വം ഏറ്റെടുത്ത് വിജയിപ്പിക്കുമല്ലോ.

കരുണയുടെ മാതാവിന്റെ മാധ്യസ്ഥം യാചിച്ചുകൊണ്ടും, നിങ്ങളിലും നിങ്ങളുടെ കുടുംബങ്ങളിലും യേശുക്രിസ്തുവിന്റെ എല്ലാ അനുഗ്രഹങ്ങളും ലഭിക്കട്ടെയെന്ന് പ്രാർത്ഥിച്ചുകൊണ്ടും,

സ്നേഹപൂർവ്വം,  
നിങ്ങളുടെ പിതാവ്  
**ആർച്ച്ബിഷപ്പ് കൂരൂക്കോസ് ഭരണികുളങ്ങര**  
ഫരീദാബാദ്-ഡൽഹി രൂപതയുടെ മെത്രാൻ

നിങ്ങളുടെ സംഭാവനകൾ ചെക്ക് മുഖേനയോ ബാങ്ക് ട്രാൻസ്ഫർ വഴിയോ നൽകാവുന്നതാണ്.

A/C NAME : DSMM DIOCESE OF FARIDABAD,  
A/C NUMBER : 11050100199068,  
BANK : FEDERAL BANK, CONNAUGHT CIRCUS BRANCH  
IFS CODE : FDRL0001105.

Income Tax Exemption-നുവേണ്ടി, receipt ആവശ്യമെങ്കിൽ രൂപത പ്രൊക്കൂറേറ്റുമായി ബന്ധപ്പെടുക.

**FARIDABAD DIOCESAN CATECHETICAL TEACHERS' CONVENTION 2016**



**F**aridabad Diocesan Catechism Teachers Convention was held on 24th January 2016 at Little Flower Church, Lado Sarai. The program was started with a Short Prayer session by Rev. Sr. Rose Therese, MSMI and team. Catechism Director Rev. Fr. Jiju Thuruthikkara welcomed the dignitaries and all participants to the function. Secretary Mr. Regi Thomas presented the Catechism annual report. His Grace Archbishop Kuriakose Bharanikulangara, Bishop of Faridabad Diocese inaugurated the convention and delivered a message based on the year of Mercy. Rev. Fr. Robin Kunthaniyil, Chancellor, Diocese of Faridabad-Delhi and Parish Priest, Lado Sarai felicitated the community. After that His Grace distributed the prizes of winners of

Logos Quiz Competition 2015. An Open discussion was held for the betterment of Catechism followed by Holy Qurbana, celebrated by Rev. Fr. Jiju Thuruthikkara, the Director. Morning session was completed with agape.

Afternoon session was started with an input session by Rev. Dr. Jose Murikkan , Director, NISCORT Institute, Delhi based on “Media and Catechism” to prepare the teachers to cope up with the challenges of modern era. Rev. Fr. Jiju instructed the teachers in certain things for smooth going of the department. Mr. C.V. Thomas, South Extension, Catechism Promoter delivered the Vote of thanks. The program was ended with refreshment. 322 teachers attended the function. ■

**അഭിനന്ദനങ്ങൾ**

കേരള കാത്തലിക് ബൈബിൾ സൊസൈറ്റിയും കെ.സി.ബി.സി ബൈബിൾ കമ്മീഷനും സംഘടിപ്പിച്ച അഖിലലോക ലോഗോസ് ക്വിസ് 2015 മത്സരത്തിൽ സമർപ്പിത വിഭാഗത്തിൽ മൂന്നാം റാങ്കും, 'E' വിഭാഗത്തിൽ അഞ്ചാം റാങ്കും നേടിയ റവ. സി. സെലിൻ വയലിൽ എഫ്.സി.സി.-ക്ക് അഭിനന്ദനങ്ങൾ. ഫരീദാബാദ് രൂപതയിലെ ആയാനഗർ മേരി മാതാ കോൺവെന്റ് അംഗമാണ് സി.സെലിൻ.



Sr. Celin Vayalil F.c.c

## Arise & Shine – Parish Visit at Kalkaji, St. Joseph’s Church

DSYM Diocesan Executive Committee (DEXCO) visited Kalkaji, St. Joseph’s Church DSYM unit on Saturday 10th October 2015 as a part of Arise & Shine – Parish Visit of DSYM Central committee. Rev. Fr. George Thuppalanjiyil MST (Vicar) introduced the central team to the youth and led the introductory prayer. It was followed by the address of Rev. Fr. Antony Lijo Thaliyath (Director-DSYM). Various youth members initiated healthy talks regarding various initiatives and related issues. It was followed by the presentation of the unit activity report and thereafter a panel sharing session by the



members of the Diocesan Executive Committee. It was then followed by a general interaction of the DEXCO with the unit, where various points & issues were discussed. It was concluded with a Taize-model prayer session.

### DSYM Music Ministry meeting

The youth music ministry is an initiative, basically to boost a better god experience centered with the youth that we deal with. It takes the responsibility of leading any kind of program/event and other specific activities that need the back support of music and thus put in that spark that music can create, into everyone who relates to it. DSYM members from



various parishes met and discussed on various agendas and had a practice session on Saturday 17th October 2015 at Nirmal Hriday Church, Tagore Garden. Music ministry meets/practices would be held regularly every month and details would be notified appropriately.

### Youth Beats – eMagazine of DSYM

Youth Beats is the e-magazine of Delhi Syro Malabar Youth Movement to spread the Good News and joy of youthfulness to all. We are pleased to release the new issue of Youth Beats Magazine (DSYM ePaper) at [www.goo.gl/o1QqHR](http://www.goo.gl/o1QqHR)

Subscribe to Youth Beats at [www.goo.gl/zt57k](http://www.goo.gl/zt57k)

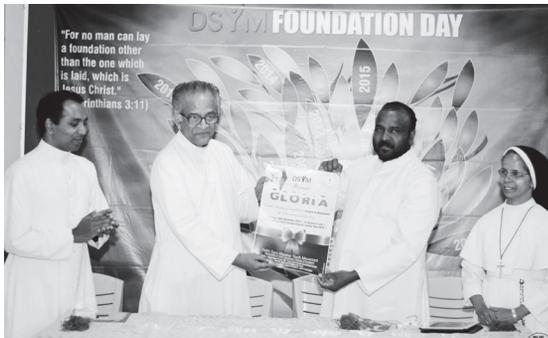
It is an initiative prepared by the youth of the Diocese of Faridabad-Delhi. Please share this with all your friends as far as possible, especially the Youth and send in your entries such as articles, poems, drawings etc. and feedback to [dsmyouthbeats@gmail.com](mailto:dsmyouthbeats@gmail.com).

Visit [www.dsym.org](http://www.dsym.org) for more updates and for the previous issues of Youth Beats.

### Foundation Day 2015

DSYM celebrated its 12th Anniversary of its foundation with youth participating from all over the Diocese on Sunday 8th November 2015 at Yusuf Sadan, Gole Dak Khana. DSYM Music Ministry

conducted a small prayer session in the beginning, which was followed by an address by Rev. Fr. Lijo Thaliyath (Director-DSYM). After the lighting of the lamp, Msgr. Sebastian Vadakkumpadan (Founder Patron of DSYM and Vicar General-Diocese of Faridabad) addressed the youth with his memories and vision about the movement. It was followed by the cake cutting ceremony. Rev. Fr. Stanley Kozhichira conducted a very informative and motivating session for the youth that was basically centered on the life and lifestyles of the Youth. A panel discussion was organized during the event comprising of Rev. Fr. Lijo Thaliyath, Rev. Fr. Stanley Kozhichira, Rev. Sr. Mery Jose, Joseph K Antony and Jasmine Michael where various questions were put up relating to the working of the youth movement and it's motivation and vision.



Delhi Syro Malabar Youth Movement was started on 9th November 2003 as the official youth movement of Delhi Syro Malabar Mission in Delhi. It was inaugurated by Mar George Valiyamattom in the presence of Most Rev. Vincent Concessao, Mar Raphael Thattil, Rev. Fr. Sebastian Vadakkumpadan and Rev. Fr. Seby Vadakkumpadan. It has been a long journey since then for young Christians to walk in the path of the Lord & make a difference in the church and the society.

### **Gloria 2015 - Carol Singing Competition & Christmas Celebration**

DSYM Diocesan Executive Committee organized

Gloria 2015 – Carol Singing Competition and Christmas Celebration for the 7th consecutive time on 20th December 2015 at Our Lady of Fatima Forane Church, Jasola-Okhla. DSYM aims to unite joyous hearts in the warmth of Christmas carols in both English and Malayalam languages through Gloria, which also witnesses the communion of all Catholics in and around Delhi especially the Diocese of Faridabad-Delhi.

The event was inaugurated and flagged off by Fr. Dr. Jacob Nangelimalil (Vicar, Jasola-Okhla Forane church). It was indeed a melodious day and a fruitful one with the participation of 22 teams. Teams from both Latin & Syrian rites has taken part in both English and Malayalam sections. The overall atmosphere was more energized with the presence of His Grace Archbishop Kuriakose Bharanikulangara (Bishop-Faridabad Diocese), Shri. Alphons Kannanthanam IAS, Smt. Neetu Choudhary (Municipal Councilor-Sarita Vihar) & Rev. Fr. Jacob Nangelimalil (Vicar, Jasola-Okhla Forane church) during the Christmas celebrations post the competitions.

His Grace Archbishop Kuriakose Bharanikulangara addressed the audience with his Christmas message and also spoke about the Extraordinary Year of Mercy announced by His Holiness Pope Francis. In Malayalam Section, Sacred Heart Forane Church, Gurgaon, Our Lady of Fatima Forane Church, Okhla-Jasola and Assumption Forane Church Mayur Vihar Ph 3 secured the first, second and third position respectively. In the English section, St. Luke's Church, Defense Colony, Our Lady of Fatima Forane Church, Okhla-Jasola and St. Francis De Sales School secured the first, second and third positions respectively.

It was followed by Prize distribution by the guests of honour. The event concluded with prayer and distribution of Christmas cakes. Congrats to all the Winners, Participants, Volunteers and the DEXCO Team! ■

### Mathru Jyothis' 3rd Annual Day



The 3<sup>rd</sup> Annual Day of Mathru Jyothis, Diocese of Faridabad-Delhi was held on the 11th of Oct at Our Lady of Fatima Church, Okhla.

The event began with a prayer and bible reading followed by a welcome speech by Mrs. Magi Mathews, Secretary. On that day several sessions were conducted for enriching the women present there. Sr. Sophy explained how to bring up our children in holiness, and the role of a mother in a family and in the society.

The next session was given by Rev. Fr. Rajan Punnakkal. He gave an interesting and empowering talk on “Eve and Mary brought doom and salvation respectively to humanity. DARE TO BE MARY.”

We were blessed with solemn mass which was concelebrated by our vicar General Rev. Msgr. Sebastian Vadakumpadan Rev. Fr. Paul Madassery & Rev. Fr. Renson Thekkinezath. Rev. Fr. Johnson Palatty led the third session and it was a profitable and Enriching Session.

The formal meeting with His Grace Mar Kuriakose Bharanikulangara and Dr. Sharmila Joseph IAS as chief guest. Rev. Fr. Renson Thekkinezath, the Director of Mathrujyothis,

welcomed all and the session began with the lighting of the lamp and a prayer dance by the Mayur Vihar Forane. His grace Mar Kuriakose Bharanikulangara gave the presidential speech which was followed by the report of Mathrujyothis 2014-15 by the Secretary. His grace appreciated all the efforts and ask co-operation from executives for 100% membership from the entire diocese. He appreciated the coordinators for maximum participation in the third Annual day. His Grace then selected the “Mother of the Day” through a lucky draw and felicitated the outgoing executive committee by giving mementoes’.

Dr. Sharmila Joseph IAS our chief guest spoke about women Empowerment. Mrs. Rosamma Joby of Karol Bagh forane was awarded as the best forane representative 2014. Fr. Jacob Nagelimalvil and Fr. Johnson Palatty also gave felicitation speeches.

To add up to the festivities a cultural programme was put up by all the foranes of Faridabad-Delhi diocese. The programme ended with the vote of thanks by Sr. Mercy CMC, President of Mathrujyothis. ■



Laying of foundation stone of the Mission Station in Punjab by Archbishop Kuriakose Bharanikulangara at Kot-Idsek (owned by St. Marthas Sisters, Palai). From right CST Provincial Rev. Fr. Saji, Faridabad Mission Coordinator Rev. Fr. Cyriac CST, Local Superior Rev. Sr. Divya Maria and Community.



Parents of newly ordained Priest of Rev. Fr. Varghese Itithara are felicitated by Archbishop



Archbishop releasing Faridabad-Delhi Diocesan New Year Calendar 2016 by giving a copy to Cathedral Vicar Rev. Fr. Rajan Punnackal at Kristuraja Cathedral Church on 24th December 2015.



Msgr. Dr. Sebastian Vadakumpadan, Vicar General, opening 'Door of Mercy' at Infant Jesus Forane Parish, Palam.

Archbishop inaugurating Gloria 2015 organised by DSYM



Archbishop Inaugurating 'Pithruvedi' at St. Augustine's Forane Parish, Karol Bagh



Our Lady of Fatima Matha Forane Parish Jasola Basketball Team bagged the Runners' Up Trophy in a Tournament organized by Marthoma Orthodox Cathedral Church, Hauz Khas





Sacred Heart Forane Church Gurgaon got the 1st Prize for the participation of more members in the Logos Quiz 2015 organized by Diocese of Faridabd-Delhi

Archbishop welcoming newly ordained Bishop of Adilabad, His Excellency Antony Prince Panengaden during C.R.I. meeting at Mariam Nagar, Ghaziabad on 6th February, 2016



Celebrating Holy Mass during conclusion of the Year of Consecrated of the Diocese of Faridabad-Delhi at Mariam Nagar, Ghaziabad





## Pope`s UN Visit

“A selfish and boundless thirst for power and material prosperity leads both to the misuse of available natural resources and to the exclusion of the weak and the disadvantaged”- these words are coming from the heart of Pope Francis first, during his UN visit. He mentioned it as a blame for the exploitation of the natural resources. In his first speech at the UN General Assembly Pope endorsed UN efforts to reach a global compact to fight poverty and climate change. With this he added, world powers putting political interests ahead of human suffering in the

Middle East. On this occasion he repeated also his concern over persecuted Christians and foremost, demanded that action between on behalf of the global poor.

“They are cast off by society, forced to live off what is discarded and suffer unjustly from the consequences of abuse of the environment” pope said. “These phenomena are part of today’s wide spread and quietly growing ‘culture of waste’.”

Francis became the fifth pope to visit the UN. On this occasion for the first time, the flag of the Holy See was raised above the UN headquarters.

As a ‘non-member observer state’, the Holy See has limited rights, but flying the flag was made possible by resolution advanced by the delegation from, Palestine, the only other non member observer state.

The global agenda on poverty and the environment of Pope Francis is already well known. The UN visit opened a global stage for articulating his visions.

“In no other hall, from no other platform, can a world leader speak to all humanity” Mr. Ban Ki-moon (Secretary General UN) declared in announcing the Pontiff.

Pope praised the accomplishments of the United Nations and its efforts to resolve conflicts and set human rights principles. Without that, Francis said, “mankind would not have been able to survive the unchecked use of its own possibilities”.

Pope sharply rebuked the world powers on the Security Council for their failure to agree on a peaceful transition to the wars in the Middle East, apparently referring specifically to Syria, and Iraq, where people “have faced the alternative either of feeling or of paying for their adhesions to good and to peace by their own lives, or by enslavement.”

These realities should serve as a grave summons to an examination of conscience on the part of those charged with the conduct of international affairs” Pope said. He cited the relentless conflicts in Ukraine, Syria, South Sudan and elsewhere, and pointed the quarreling among the permanent members of the Security Council: “Real human being take precedence over partisan interests, however legitimate the latter may be”.

By contrast, Pope praised the recent nuclear agreement reached between Iran and world powers as “proof of the potential of political good will and of law.”

Pope repeatedly raised his concerns about

environment and climate change, and he endorsed the concept of “right of the environment.” He added “any harm done to the environment therefore, is harm done to humanity.”

About the 17 Millennium Development Goals, which the Holy See supports in general, except gender equality, because of its longstanding reservations on ensuring “universal access to sexual and reproductive health and reproductive rights”, the Holy Father applauded the UN. By 2015 all United States members have pledged to eradicate extreme poverty and hunger. The first and foremost Millennium Developmental goal of Pope Francis is also “eradicate the extreme poverty”.

Extreme poverty rates have been cut by more than half since 1990. While this is a remarkable achievement, one in five people in developing regions still live on less than \$1.25 a day, and there are millions more who make little more than this daily amount, plus many people risk slipping back into poverty.

Poverty is more than the lack of income and resources to ensure a sustainable livelihood. Its manifestations include hunger and malnutrition, limited access to education and other basic services, social discrimination and exclusion as well as the lack of participation in decision-making. Economic growth must be inclusive to provide sustainable jobs and promote equality.

Here indicating few facts and figures are connected with this:

- 836 million people still live in extreme poverty
- About one in five persons in developing regions lives on less than \$1.25 per day
- The overwhelming majority of people living on less than \$1.25 a day belong to two regions: Southern Asia and sub-Saharan Africa
- High poverty rates are often found in small, fragile and conflict-affected countries

- One in seven children under age five in the world has inadequate height for his or her age
- Every day in 2014, 42,000 people had to abandon their homes to seek protection due to conflict

UN Secretary General Ban said that new 2030 Agenda can help eradicate poverty. This can be the first generation to witness a world without extreme poverty, where all people – not only the powerful and the privileged – can participate and contribute equally, free of discrimination and want, United Nations Secretary-General Ban Ki-moon declared, urging global action to fully implement the newly-adopted goals of the UN 2030 Agenda.

In a message ahead of the International Day for the Eradication of Poverty, Mr. Ban emphasized that the 17 Sustainable Development Goals (SDGs), can to unite the world towards ending extreme poverty and discrimination. “In adopting the 2030 Agenda, world leaders made a time-bound commitment to end poverty in all its forms, everywhere. Our ability to meet this call requires us to address discrimination in all its forms.”

During the session Pope criticized the global financial institutions, calling on them to ensure that countries “are not subjected to oppressive lending systems which, far from promoting progress, subject people to mechanisms which generate greater poverty, exclusion and dependence.” Pope also delved into the issues of UN governance, with a call for “greater equality” on the Security Council, which seemed certain to please developing powers such as India and Brazil, which are not permanent veto-wielding members. Just after the session Mr. Ban said “it is an agenda for people, to end poverty in all its forms, and it is an “agenda for the planet, our common home.’ He added “it is rooted in gender equality and respect for the rights of all.”

At the end of the session Pope wished and told the United staff members that, “you are the back

born of the organization”. Then he made a joke and remained.

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Pope who has emphasized a universal message of mercy and forgiveness, has spoken up for migrants against the global background of a refugee crisis that is flooding Europe’s borders: a coarsening national political discourse on immigration; and a demographic shift to the Southern Hemisphere in the global church, with Hispanics now accounting for nearly 40 percent of all Catholic in the United States. Now the world is encountering the problems of migrants. At the White House, he pointedly said, “As the son of an immigrant family, I am happy to be a guest in this country, which was largely built by such families.” And one of the two recommendations that he made to fellow bishops later that day concerned immigration. He added “Now you are facing this stream of Latin American immigration from which affects many of our dioceses. Not only as the bishop of Rome, but also as a pastor from the South, I feel the need to thank and encourage you. Perhaps it will not be easy for you to look into their soul; perhaps you will be challenged by their diversity. But know that they also possess resources meant to be shared. So do not be afraid to welcome them.”

Philadelphia the Pope stated that, the city provided sufficient facilities for the betterment of the migrants. But it has come under attack while a immigrant women murdered. Now Vatican is careful to recognize a legitimate diversity of opinion on the issue of illegal immigration, advocating the rights of migrants to seek a better life and of sovereign states to regulate their borders. Pope Francis gave keen attention for the migrants. A New York Times (News) shows that now 65 percent of Catholics are ready to accept the migrants. But still few issues are remaining. ■

(Prepared by Bro. Frijo Tharayil)



The SPED III Project reached into the final evaluation phase and project team gathered the information from field to access the development index. This project will end up in March 2016. SJSS is proud on this achievement. SJSS is the real stakeholders of the development of 20 villages where we shown the path to fight against the gender-based violence's and discrimination, school drop outs, rights of safe drinking water and so on. With the Support of SJSS, 18 students completed their higher secondary education and helping the junior students by taking special tuitions. These Girls are the first batch who completed 12th class in the village's history. We have successfully developed skills and knowledge of the women and created leaders to strike against the gender based violence's in their own community. During this period we provided scholarship to 30 students who were struggling to meet their educational expenses.

With the Support of Caritas, SJSS continuing the Non formal education program in 8 villages to motivate the students in education and help them

to study well. SJSS is also taking up the education issue with the local Govt. School authorities to provide better education to the village students. This year we are giving more importance to the girl child education for ensuring bright future to girl children. Most of the village communities are least bothered to give proper education to the girl child and after thier 8th class they are compelled to discontinue their education due to the financial issues.

SJSS team celebrated Christmas with Staff and Volunteers in field office on 23rd December 2015. Rev. Fr Joseph Muthuplakkal, Director gave gifts and diaries to all the staff and volunteers.

SJSS completed 40 Village Action Team Meetings with the Sarpanch and other senior leaders of the village to prepare them for the village elections. Mr. Ullas Scaria, Project Officer, Save A Family Plan visited our field office and had a meeting with village representatives of 20 villages in HRDC on 12th Jan 2016. He expressed sincere gratitude to all the staff and director for the successful completion of SPED III. ■

**St. Joseph's Church, Kalkaji**

**Silver Jubilee Celebration**



The Silver Jubilee Celebration of the Ordination of Rev. Fr. George Thuppalanjiyil was organized by the Parishioners of St. Joseph's Church, Kalkaji. The celebration began with Holy Mass followed by Cultural Programme presented by Mathru Jyothis and Catechism Children. Chief Guest of the programme was Rev. Fr. Thomas Ettayal, Administrator, Divine Retreat Centre, Faridabad and Guest of Honour Rev. Fr. Sujit, Administrator, Don Bosco School, Alaknanda. Rev. Fr. Thomas spoke about the Importance of Priesthood and Rev. Fr. Sujit expressed his happiness and gave good wishes to Rev. Fr. George. Mother Superior Rev. Sr. Josmi, CMC and Mr. Joy Isaac a parishioner spoke about

the support and contribution of Rev. Fr. George in strengthening the bonds among parishioners. Rev. Fr. George was presented a shawl marking his Silver Jubilee. Vote of thanks was presented by Mr. Rajesh George, Trustee.

**ഇടവക ഡയറക്ടറി പ്രകാശനം**



അംഗങ്ങളുടെ അടിസ്ഥാന വിവരങ്ങൾ ഉൾപ്പെടുത്തിയുള്ള 'ഇടവക ഡയറക്ടറി' പ്രകാശനം ഡിസം. 25 ന് നടന്നു. ഡയറക്ടറിയുടെ ആദ്യകോപ്പി ഡോൺ ബോസ്കോ സ്കൂൾ അഡ്മിനിസ്ട്രേറ്റർ ഫാ. സുജിത് അഗസ്റ്റിനിൽ നിന്ന് ഇടവക വികാരി ഫാ. ജോർജ്ജ് തുപ്പലഞ്ഞിയിൽ സ്വീകരിച്ചു. ഡയറക്ടറിയുടെ കവർ ഡിസൈൻ മത്സരത്തിൽ വിജയിയായ വിനു വർഗ്ഗീസിനു ക്യാഷ് അവാർഡ് പ്രസ്തുത ചടങ്ങിൽ വെച്ച് നൽകി.

**St. George Church, Greater Noida**

**New Priest's residence blessed**



The new residence for the Priest in charge was shifted to a new rented house in Sector Delta 1 Greater Noida. Rev.Fr. Joseph Muthuplakkal MST, the Parish Priest of St. Alphonsa Parish blessed the house and offered the Holy Eucharist. There were around fifty people for the function.

The Christmas vigil started at 6.30pm. Fr. Tiyo was the main celebrant. Around two hundred people gathered. The celebrations ended with cake cutting.

**Kristuraja Cathedral Forane Church, Faridabad**

**YUVA'16 conducted by DSYM Faridabad on 16th and 17th January.**



ഫരീദാബാദ് ക്രിസ്തുരാജ കത്തീഡ്രൽ ഇടവകയിലെ അൾത്താര ശുശ്രൂഷകരുടെ ഏകദിന ക്യാമ്പിൽ പങ്കെടുത്തവർ റവ. ഫാ. രാജൻ, റവ. ഫാ. ജിജു, സി. അനൂപ, സി. ലിസിയ എന്നിവരോടൊപ്പം

Thanks to Lord Jesus Christ. YUVA'16 was an outcome of the prayers and hard work of the members of DSYM Faridabad and the inspiration given to us by our parish priests Rev. Fr. Rajan Punnackal, Rev. Fr. Jomon Tekkekudiyil and Rev. Fr. Jiju Thuruthikkara. The event was conducted on 16th and 17th January, 2016 at St. Peter's School, Faridabad as a two days diocesan retreat by the youth started with a few inspirational classes, interactions and games led by the members of Jesus Youth and our parish priest. The

sessions were followed by a bonfire headed by Rev. Fr. Aji. The second day of the event started with the morning prayer and holy mass followed by the fete with various games and food stalls. The event was concluded with some stupendous cultural programs by the members DSYM Faridabad and a superb musical performance by Akhil George and his team.

Reported by: Prince Francis

**St. Jude Church, Sahibabad**

On 23rd of January, the newly built house of MSMM congregation was blessed by His Grace Archbishop Kuriakose Bharnikulangra. Many priests and religious from various congregation and parishes were present to grace the occasion. After the blessing and Holy Mass, a grand dinner was served for the invitees.



On 26th of January we celebrated the faith formation's annual day for the year 2014-2015. The main guest of the event was Rev. Fr. Johan OFM Cap., parish priest of St. Antony's Parish, Mohan Nagar. Our children together with our faith formation teachers put forth a variety of colorful, cultural items. The topper of first three positions of every class were awarded

prizes, children and teachers with full attendance for the academic year were given momentous.

On 8th of February we are stepping into the great season of Lent and on the same day the Door of Mercy will be opened in our parish by the His Grace Archbishop Mar Kuriakose Bharanikulangra. It is the time to fast and to prepare ourselves from our sinful ways.

Reported by: Sobha Thomas

## Our Lady of Fatima Forane Church, Jasola

### 1. Christmas Programme



Joy of Christmas was overwhelming in the hearts of everyone in Our Lady of Fatima Forane Church as the Season of Christmas was very rich and blessed with a wide variety of Christmas Programmes. There were Crib Making Competition in unit wise; Carol Singing Competition in unit wise apart from the usual Carols Singing in units. The competitions were very tough and highly spirited. The beautifully crafted crib in front of the church stole the hearts of many. Large groups of people, irrespective of caste and creed paid homage to the Child Jesus in the Crib.

### 2. New Year Celebration

In the Jubilee Year of Mercy, 'Our Lady of Fatima Forane Church, Jasola-Okhla' was raised by our Archbishop Kuriakose Bharanikulangara, to the status of "Door of Mercy". The New Year Celebrations

were coupled with the Event of Opening the "Door of Mercy". Followed by the Solemn Holy Qurbana at 8:30 PM on 31st December, the "Door of Mercy" was officially opened for the public. Those who enter through the "Door of Mercy" and pray for the intentions of the Holy Father will receive indulgences.

### 3. Basketball Tournament

The strenuous and uncompromising efforts by 'Jasola Basketball Team' in the form of rigorous coaching and practice despite of the biting cold of the winter season and exams culminated in bagging the Runners' Up Trophy in the girl's category in a Basketball Tournament organized by Marthomma Orthodox Cathedral Church, Haus Khas. The runners' up were given the trophy, medals, a cash award of Rs. 3000 and certificates on 9th January after the Holy Mass.

### 4. Catechism Department Competition

Catechism Department organised a very wonderful and meaningful Christmas Celebration for the students on 19th December, Sunday. The variety of competitions and other programmes filled the students with the spirit of Christmas. The Skit based on the theme of Christmas made the occasion all the more wonderful and joyous. The programme ended with a Common Carol Singing and cake distribution.

Reported by: Dn. Joseph Mathalikunnel

## Nirmal Hriday Church, Tagore Garden

### Genesis: A New Beginning To Begin With

The DSYM Unit of Nirmal Hriday Church, Tagore Garden organized GENESIS, an intra-parish art and literature competition. Around 13 competitions were conducted which were open to all the parish members who were divided into 7 categories based on their age. The event saw an enthusiastic participation of over 100 participants, from kids to elders participation flooded in from all age groups.



The event was successful in both encouraging the budding talents as well as to refresh the talented minds of the elders. The event would not have been successful hadn't it been the constant support of our parish priest Rev. Fr. Antony Lijo Thaliyath.

**Family Day 2016 Celebrations**

Nirmal Hriday Parish Tagore Garden celebrated our Family Day 2016 on 17th January 2016 at Tagore Garden Community Centre. Programs started with lighting of the lamp by Fr. Lijo Antony Thaliyath and Kaikarans (Tomy Thomas and Sebastian Zacharia). Fr. Lijo Parish Priest celebrated the Solemn Holy Mass and gave an inspiring message on Family

Life. Cultural programs began after the distribution of Cake & Coffee. We had various mesmerizing cultural programs by kids and elders. At least 80% of the members or their kids participated in the cultural programs.

Preparations had begun at least one month back at various Area Prayer Units. Sr. Reethamaria and Silvy Rose took special care in making sure that the flow of the programs was uninterrupted. Fr. Lijo Antony Thaliyath gave away the trophies of Genesis 2016 to the winners. Mr. Sibi Joseph won the trophy for Star Performer in Genesis 2016.

Reported by: Tomy Thomas

**Sacred Heart Forane Church, Gurgaon**



**Logos Quiz - 2015**

Sacred Heart Forane Church Gurgaon had secured a Commendable position in the Logos Quiz 2015. We got the 1st prize from the diocese for the participation of more members in the Logos Quiz. 4 persons got rank in the diocese-level from different categories. With the participation of almost all the people, our parish became the "Parish of Logos in its fullest sense".

Every month we conducted study classes and quiz competitions in each unit and conducted a model logos quiz too. We could provide Bible for those who were in need of it. Catechism teachers really supported the event and the parents and their kids sat together and studied the Bible. It really empowered the people and led the people for their spiritual growth.

**X-mas Celebration**

We the Gurgaon Sacred Heart Forance Church celebrated the X-mas in 2 centres. As part of X-mas celebration we had a X-mas Tree and carol song Competitions.

**Feasts Celebration**

We celebrated the feast of St. Sebastian and St. Chavara in a grant manner and thousands of people participated in the Novena and Holy Qurbana. On this auspicious day there was a procession and Agape.

**Orientation for Catechism Students**

We have conducted a one-day programme for the students on 26th January 2016. It really boosted up the students mentally and spiritually. Rev Fr. Paul Madassery inaugurated the function and Fr. Shinto Kolathupadavil CMI offered the Holy mass and the Sisters rendered the guidance for the programme.

**St. Padre Pio Church, Rohini**



**ക്രിസ്തുമസ്സ് ആഘോഷം**

ഉണ്ണിയേശുവിന്റെ ജനനത്തിരുന്നാളിന് ഒരുക്കമായി നവംബർ മാസം 19-ാം തീയതി മുതൽ 21-ാം തീയതി വരെ ഇടവകയിലെ ഭവനങ്ങളിൽ ഫാമിലിയൂണിറ്റുകളുടെ നേതൃത്വത്തിൽ ക്രിസ്തുമസ്സ് കരോൾ നടത്തി. ഡിസംബർ 20-ാം തീയതി കാറ്റക്കിസം കുട്ടികളുടെ നേതൃത്വത്തിൽ ക്രിസ്തുമസ്സ് ട്രീ നടത്തി. 24-ാം തീയതി വൈകിട്ട് നടന്ന പിറവി തിരുന്നാൾ കർമ്മങ്ങളിൽ ഫാ. അലക്സ് മുട്ടത്ത് എം.സി.ബി.എസ് കാർമ്മികനായിരുന്നു. തുടർന്ന് ഡി.എസ്.വൈ.എം ന്റെ നേതൃത്വത്തിൽ ക്രിസ്തുമസ്സ് സന്ദേശ തെരുവ് നാടകം അവതരിപ്പിച്ചു. ഇടവകയിലെ വിവിധ ഫാമിലിയൂണിറ്റുകൾക്കായി കരോൾ ഗാന മത്സരം നടത്തി. മത്സരത്തിൽ സെന്റ് അഗസ്റ്റിൻ യൂണിറ്റിന് ഒന്നാം സ്ഥാനവും ലിറ്റിൽ ഫ്ളവർ യൂണിറ്റിന് രണ്ടാം സ്ഥാനവും ലഭിച്ചു. ക്രിസ്തുമസ്സിനോടനുബന്ധിച്ച് 25 ദിവസവും മുടങ്ങാതെ കുർബാനയിൽ പങ്കെടുത്ത കുട്ടികൾക്ക് സമ്മാന വിതരണവും നടത്തി. യുവജനങ്ങളുടെ നേതൃത്വത്തിൽ അണിയിച്ചൊരുക്കിയ പുൽക്കൂട് ഏവരുടെയും പ്രശംസ നേടി. പിതൃവേദിയുടെ ജീവകാരുണ്യപ്രവർത്തനങ്ങൾക്കായി നടത്തുന്ന സമ്മാനകുപ്പണിന്റെ വിതരണ ഉദ്ഘാടനം ഫാ. അലക്സ് മുട്ടത്ത് നിർവ്വഹിച്ചു.

**Cloth Bank**

കാരുണ്യ വർഷത്തോടനുബന്ധിച്ച് ഡി.എസ്. വൈ.എം ന്റെ നേതൃത്വത്തിൽ ആരംഭിച്ച ക്ലോത്ത് ബാങ്കിലേക്കുള്ള വസ്ത്രങ്ങളുടെ ശേഖരണം ഡിസംബർ മാസം 4-ാം തീയതി നടത്തി. ക്ലോത്ത് ബാങ്കിൽ ലഭിച്ച വസ്ത്രങ്ങൾ ഡിസംബർ 20-ാം തീയതി മിഷനറീസ് ഓഫ് ചാരിറ്റിയുടെ നേതൃത്വത്തിലുള്ള നിർമ്മൽ ഹൃദയ് ഭവനിലെ അന്തേവാസികൾക്ക് കൈമാറുകയും ക്രിസ്തുമസ്സ് ആശംസകൾ നേരുകയും ചെയ്തു.

**അമോജ് ജേക്കബിന് സ്വീകരണം**

കോഴിക്കോട് വച്ചു നടന്ന ദേശീയ സ്കൂൾ അത്ലറ്റിക് മീറ്റിൽ 800 മീറ്റർ ഓട്ടത്തിൽ സ്വർണ്ണവും 400 മീറ്ററിലും, 4-400 മീറ്റർ റിലേയിലും വെള്ളി മെഡലുകളും നേടിയ അമോജ് ജേക്കബിന് രോഹിണി വി. പാദ്ര പിയാ പള്ളിയിൽ സ്വീകരണം നൽകി. ഫാ. സാന്റോ പുതുമനകുന്നത്തിന്റെ അധ്യക്ഷതയിൽ കൂടിയ യോഗത്തിൽ ഫാ. അലക്സ് മുട്ടത്ത്, ബോബൻ ജോസഫ്, അമോജിന്റെ കോച്ച് അരവിന്ദ് കപൂർ എന്നിവർ പ്രസംഗിച്ചു. വികാരി. അലക്സ് മുട്ടത്ത് ഇടവകയുടെ ഉപഹാരം സമ്മാനിച്ചു.

Reported by: Jeeva Simon

## St. Ephrem's Church Vikaspuri

### Christmas and New Year Program



The Parishners of St. Ephrem's Church Vikaspuri celebrated Christmas and New Year with great enthusiasm. The members of youth and Mathrujyotis actively participated in the door to door Carol singing programs. A crib competition was also organized.

Ecumenical carol service was organized at Ayappa Park, Hastal by eight churches in the Vikaspuri area. Our church Choir sung melodious carol songs which was well appreciated by one and all. One of our parish members read a Bible passage in Hindi. On behalf of the Organizing Committee, Our Parish Priest Rev Fr. Sebastian Moolechalil V.C. expressed vote of thanks to all.

The Christmas Mass started at 9 P.M on 24th

December 2015 which was attended by our parish people as well as some non Christians from our neighborhood. At the end of the Holy Mass, all of us assembled in the church premises and sung few Carol songs in Malayalam, Hindi and English and exchanged Christmas Greetings. Christmas cakes and coffee were served to all.

The New Year programs started with the adoration of Blessed Sacrament at 8.30 P.M on 31st December 2015 and New Year's prayers were also said in the Midnight Mass attended by most the of parish members. The Christmas Tree programme was organized on 3rd January 2016. Rev. Fr. Baby Puthuseery V. C. was the main Celebrant in the Holy Mass. A Christmas Carol competition was organized for all the catechism students. Christmas Gifts were distributed to all the children of the church. Prizes were given to the winners of the Carol singing and Crib competitions.

A three days retreat conducted by Fr. Johnson Palatty V.C from January 4, 2016 for children of Class VIII. Forty five children of our parish attended this retreat.

Reported by: Cyriac C.J.

## Mother Teresa Church, South Extension



### Catechism Student's One Day Out-Reach

A total of 110 people including students, teachers and youth visited the ashram for orphans and mentally

challenged. After conducting games for students, lunch was distributed to all, which was prepared by the teachers and youth. The day was concluded with mass.



**St. Sebastian’s Feast**

St. Sebastian’s Feast was celebrated with mass, followed by a procession in Fr. Agnel School. Carol singing competition was organized for the family units and catechism children along with dance

competition for the catechism children. St. Alphonsa Family Unit won the first prize, Holy Family Unit won second prize and Mary Matha Unit won third prize. Among the catechism children for carol singing competition, red house won first, green and yellow house won second and blue house won third. For dance competition, green house won first, red house won second and yellow house won third.

**Mathru Jyothis One Day Outing**

60 Mathru Jyothis members along with youth visited the rehabilitation centre on 31st Jan 2016. Games were conducted for the mathru jyothis members and lunch was prepared and distributed to all. The day was concluded with mass.

**St. John Paul II Church, Vaishali Indirapuram**



**Seminar On Mobile And Net Addiction**

The inventor of AK 47, a gun, died a guilty and disappointed man because the gun he invented for soldiers to use during war to protect countries from enemies, began to be used by criminals for robbery and murder. Similarly electronic gadgets like mobile and internet per se are very useful to mankind, societies and nations if used judiciously and modestly. But over use of it unnecessarily can be very harmful to youngsters especially.

It has been a felt need of the parents and Catechism teachers to have a Seminar on Mobile and Net addiction among students. When the seminar of catechism teachers was informed for 24th Feb., the Parish Priest hit upon the idea of making use of the same day for the same. Rev. Fr. Suresh Mathew

OFM, narrated many incidents and anecdotes during the homily and after the Mass in his class to drive his point to the parents and catechism students for whom it was made mandatory to attend the session. He exhorted not only the children but also parents to be modest, matured and judicious in using such facilities. Children should be monitored if allowed to use them for any educational purpose or need. Students are found spending precious hours for chatting on mobile and social network. They become overweight and obese. They begin to isolate themselves from others. They lose their communication skill and social life. They should give priority to study and prayer life.

Fr. Suresh narrated several real life instances of the exploitation of children by mobile and social network friends. There have been many elopements and kidnaps which took teenage girls to brothels for flesh trade.

Many things which the parents failed to make their children, Father was able to convince them. Parents were so grateful to our Parish Priest and Rev. Fr. Suresh for awakening and enlightening their children.

St. Augustine Forane Church, Karol Bagh



**Catechism Annual Function**

CATECHISM Annual function was held at the auditorium of St. Micheal Junior School on 29th Nov. 2015. The Holy Eucharist was celebrated by Rev. Fr. Rajan Punneckal and Rev. Fr. Davis Kalliyathuparambil at 4.00 pm. Catechism Children presented verity of entertainment programmes. Msgr. Sebastian Vadukumpadan presided over the function and Mrs. Lissy Jacob, the Headmistress welcomed the gathering. Rev. Fr. Rajan Punnackal and Rev. Fr. Davis Kalliyathuparambil felicitated the function. At the end Mr. Joy Varghese, the representative of the parent council, thanked Rev. Fr. Rajan, the Parish Priest, the Assit. Parish Priest, Catechism Teachers, Parents and Children.

**One Day Trip to Snehadham, Gurgaon**

The members of MATHRU JYOTHIS association went for a visit to Snehadham Old age Home,

Gurgoan on 12th December 2015 under the guidance of the Parish Priest and the Animator. Mrs. Bincy Mathew, the President of Mathru Jyothis, took initiative for the trip, Christmas celebration and distribution of Christmas gifts to the inmates.

**One Day Trip to Sanjoe Puram**

The Members of DSYM, under the leadership of the Parish Priest Rev. Msgr. Sebastian Vadakumpadan and the Animator Rev. Sr. Merry, arranged a day to visit our Sanjoe puram Children’s Village on Sunday 14th Dec. 2015. As they reached in the centre, the celebration of Christmas started with all children of the Village. Christmas cakes and gifts were distributed among children after the melodious carol singing in the homes. DSYM collected money and donated to the Village for further development. It was a heart touching experience for the youth in the parish.

gloves were available. The rate was reasonable. Many such shops could be seen on the way side, but all with a number and register. Also they were well organised and professional. At the valley, upto which the vehicles could pass, there were some shops; there one could even hire a horse as well as special local costumes for men and women. Surely, they were looking very beautiful. Since I knew snow and snowy mountains from my stay in Europe and in New York, I preferred to stay back and sit and enjoy the panorama from the meeting point. I spent my time sitting there lonely on a rock overlooking the beautiful mountains, partially covered with snow. My companions walked about two kilometres and climbed up to some hill tops and really enjoyed snow, some for the first time in their life.

### **Third day: Manali to Keylong (5 September)**

Towards noon we started our journey towards Keylong, about 155 kilometres away, through Leh-Manaly Highway, where the stay of the day had been arranged at Jispa (near Keylong), a Moravian Christian Center earlier). The real adventure started. The Himalayan Mountains, one after another seemed never to end. The series of hair-pin curves started. The rocky mountains were really naked, no trees no grass – just some stones and sand around. By the side of such steep mountains passed the road, rarely trafficked; but those passing were driving rashly even in the dangerous curves. One side was deep valley; often the eyes could not reach the bottom. We were told that some military vehicles met with accident and fell into the deep valley and could not be even rescued even with the help of helicopters and specialized rescue teams. It was really scaring, especially when a fast heavy vehicle was rushing from the opposite side. Sure, many of them are experienced drivers and for them driving there was a routine. The most dangerous part was

the stone rolling down from the top. Thank God, though we saw a few stones ahead of us, none hurt our vehicle. Once or twice the road was blocked because of a land (mountain) slide and the road was deeply cracked. Vehicles had to take a different path and that was also a critical moment.

The temperature was going down and getting out of the vehicle was difficult. We were at 17,000 feet high and could feel the air pressure. Some of our team members started vomiting and having head ache. I am a type that can never support travels in the mountains and curves; I used to vomit in such circumstances. I remember my first trip to Shimla, though just for three hours it was horrible for me. Having that experience, I had prepared for this trip, eating nothing. And that helped. I was spared this time from the so-called motion sickness.

I enjoyed every bit of this adventure and at each moment of risk and worry, I had a feeling that I am seeing a new face of my diocese - that I am passing through a new territory entrusted to me by the Church.

By evening we reached a Hotel where we had reserved our stay. For the circumstances, it was ok. There was no heating, but sufficient blankets were supplied. It was freezing cold. We were all dead tired and had some rest in the night.

### **Fourth Day: Keylong to Leh Ladak (6 September)**

The next day early morning, the hotel had served us rather sumptuous breakfast and we set forth towards our final destination Leh-Ladak in Kashmir. This road is named as “Trek and Tour” road and we could see often groups of motor bike riders. We were wondering why such riders take this route for bike trekking. This road is the highest motorable road in the world and the adventure could be imagined!

We had to cover 360 kilometres and it was really like trekking. Going up and down through

the Himalayan Mountains seemed monotonous. There is no change of the sceneries; everywhere dry and arid. The only distraction to the eyes were the sheep and shepherds passing by occasionally. They were numerous and sometimes, we could also see the special brand of cashmere sheep on the wayside. Trucks of BRO (Border Road Office) and some military vehicles were passing by. Where dam construction or repair were on, some concentration of workers could be seen.

The motion sickness of our team, including our expert driver, got worse and we had to stop often. The final destination drove us ahead and thinking that it is the final day was bit consoling. Each of us shared the jokes we had in stock and we tried our best to keep on going with enthusiasm and without boring. Provisions for food were sufficient and we had enough water in reserve.

The area was 18,000 feet above the sea level and we could feel the difficulty in breathing as soon as we got out of the vehicle. Though we had provided extra oxygen bottles in the car, we never had to use it.

In between, we stopped by at a resting area, where a bed like thing is provided and hot tea was served. Many tourists frequent such places and take one or two hours of rest. That was a great help. One pays there per hour. The cup of tea was complimentary! Then the last phase of the trip started, all the more dangerous and scary. Steep mountains and narrow roads were terrifying. The only sight was that of sheep, yak and zho (a mixture of cow and yak).

By 10.00 PM we entered the town of Ladakh, which is not very big, but really over crowded with vehicles driven chaotically. Our stay was arranged at St Peter's Mission, Choglamsar of the Jammu-Kashmir diocese. There was a convent of the Bombina sisters, working at the school. Fr Sinoj of Jammu diocese is the parish priest and principal of the school.

## **Ladak Mission – history of Christian presence**

Fr. Mathew Moothasseril MST, who was with us is an expert in the history of Leh-Ladak and had served that mission earlier (1995s). During the time of Bishop Hippolitus Kunnumkal of the diocese of Jammu & Kashmir MST Fathers were invited to that mission. During our travel, Fr. Mathew was narrating the history of the Christian presence in the region and I would like to share with you that informative history.

In the 1600s and 1700s the Jesuits tried to establish missions in Ladak. In 1670 Fr. Antonio Andrade established a church in a small kingdom called Gugue. The king supported the mission and encouraged its activities. But later the Christians were persecuted and that church was destroyed due to a rebellion in the kingdom. In 1700, Fr. Ippolito Dissideri another Italian Jesuit missionary visited Ladakh and reached Tibet. The Capuchin missionaries had established a church in Lhasa, Tibet in 1705. They were driven out in 1745. When they were persecuted they fled to Bettiah and established the present Bettiah church.

In 1880 Fr. Daniel Kilty, a Milhill missionary established a mission there, which he named St Peter's catholic mission. He acquired a land and made a house and started a school. This enthusiastic missionary died of cold weather and hard work. He was buried in the Moravian cemetery. His tomb is still there. In the year 1888, the catholic mission was closed. The property was taken over by the government.

There are Moravian Christians, baptized by the Moravian missionaries in the 1880s in the area. They continued their activities and at present they have a church and a high school in Leh. They have at present two parishes in Shey and Khalsi.

In fact, when the MSTs (diocese of Jammu) reopened that catholic mission in 1995, it was named as St Peter's Catholic Mission to honor the

first catholic missionary of Ladakh. They acquired three acres of land from a Muslim friend Abba Ramzan, a retired police man on the banks of Sindhu River for a school. They also constructed a church in Leh – St. Thomas Church, which was blessed by Cardinal Varkey Vithayathil and Apostolic Nuncio Pedro Quintana in --. The MST Fathers celebrated Syro-malabar liturgy in Ladakh. The catholic presence was not that big and was composed of large number of army personnel. There were also some chapels within the military campuses. There were many Buddhist monks (lama) and monasteries (gompas) in Ladak.

That time, the Bishop was Msgr. Hippolitus OFM Cap and his vicar general Fr Peter Celestine OFM, who became later bishop of Jammu. The pioneering MST missionaries were Fr Lonappan Arrangassery, Fr C. D. Sebastian and Fr. Stanly Ampukunnel. They were helped by Mr. Joseph Dhar (a catholic from Jammu, retired as the headmaster of Ladakh Government High school). Major Victor Walter of Ladakh Scouts and his sister Helen Walter facilitated the activities of the missionaries.

### **Leh Mission, the church at the highest point in the world**

Leh is situated at a height of 12000 ft above sea level. There are a few other places in Ladakh where people live at a higher place. The air was pure but light. Lack of Oxygen could give health problems like mountain sickness if not acclimatized properly. At the bed side medicines for that were provided. When we were told that one needs eight to ten days of rest and gradual movement to get acclimatized to the mountains, we did not take it serious. The temperature was below zero except in summer days.

Fr. Sinoj and the Bambina Sisters welcomed us warmly and tried to make us feel at home. They took us around and we visited some of the military camps, where Keralites were there. On Sunday we celebrated Holy Mass (English) in the Church which was

attended by army personnel and tourists. There were some American and German Catholics. I was finding it difficult to pray after kneeling down and getting up. We also visited the nearby village of Shey and visited some Moravian Christian families, old acquaintances of Fr. Mathew. We had a tour of Leh town and visited a Moravian Church, which was almost finishing its construction. We greeted the wife of the pastor and she invited us to the upcoming blessing of the new church.

Next day we celebrated Holy Mass in the sister's Chapel and some of my team members took a tour to Kargil where they could visit the highest point in this region. Continuing on that road, one can reach Srinagar, which is about 600 kms away; passing by Kargil, one can reach Srinagar in two to three days time.

My return was scheduled by flight, because of some urgent commitments in Delhi. Leh has a military airport and flights were operated mainly for military personnel and the tourists. The most important moment of the trip, beneficial to the diocese happened at the airport. The purpose of the visit was also to explore the possibilities of starting some of our diocese in that border area. Wherever we had gone, I had shared this idea and was inquiring about prospects of future apostolate there. I wanted to have a base there and make our presence feel. Fr. Sinoj understood this and told me that there is an officer working at the airport, who had once mentioned about an orphanage or old age home. I did not waste a second and immediately contacted him showing interest in the project. To cut the story short, he agreed to offer us a plot of land where our diocese was supposed to start some humanitarian and charitable activity.

Coming back to Delhi, I sent Fr. Mathew and Fr. Jetto immediately back to Leh to negotiate with our friend and prepare a plan of action. Though the first plot of land was not given to us, another bigger land has been identified and the work of the project is progressing. ■